

## Directions for Sewing Ribbons on Pointe Shoes

We suggest using a strong needle and waxed dental floss instead of thread.

Be sure to stitch ribbons and elastics around *all four sides*, not just along the top edge.

Position ribbons and elastics all the way down in the shoe so that their bottom edges almost touch the sockliner.

Sew below the binding so as not to interfere with the drawstring.

We do not recommend:

- Tying ribbons through a loop sewn to the heel
- Placing elastics where they could irritate the Achilles tendon
- Slitting the satin to thread ribbon through the sides of the shoes

1. Cut 4 pieces of ribbon, approximately 22" each.
2. Find the proper place to attach ribbons by folding down the back of the shoe so that it touches the sockliner. Use a pencil to draw lines at the creases.
3. Place the back edge of the ribbon against the pencil line. The end of the ribbon should be *all the way down* by the sockliner. Angle the ribbon so that it is on the diagonal.



Mark crease at fold.  
Back edge of ribbon  
lies along crease.

Don't sew through  
drawstring casing

Mark at crease  
inside shoe

Sew ribbon all the  
way down, next to  
sole. Note angle

